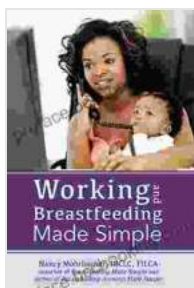


Working and Breastfeeding Made Simple: The Ultimate Guide to Breastfeeding Success While Working



Working and Breastfeeding Made Simple by Nancy Mohrbacher

★★★★☆ 4.6 out of 5

Language	: English
File size	: 4658 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 391 pages
Lending	: Enabled



Are you a working mom who wants to breastfeed her baby? You're not alone! Millions of women successfully breastfeed while working, and you can too. This book will show you how to make it work, with tips and advice from experienced working moms.

In this book, you'll learn how to:

- Pump and store breast milk so your baby can have it while you're at work
- Find a daycare or babysitter who supports breastfeeding
- Deal with the challenges of breastfeeding while working, such as engorgement, leaking, and mastitis

- Maintain your milk supply while you're away from your baby
- Wean your baby from breastfeeding when you're ready

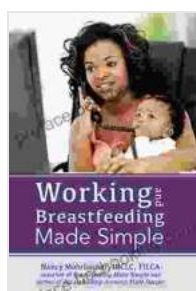
This book is full of practical advice and tips that will help you succeed at breastfeeding while working. You'll learn how to pump and store breast milk, how to find a daycare or babysitter who supports breastfeeding, and how to deal with the challenges of breastfeeding while working. You'll also find stories from other working moms who have successfully breastfed their babies.

If you're a working mom who wants to breastfeed her baby, this book is for you. It will show you how to make it work and achieve your breastfeeding goals.

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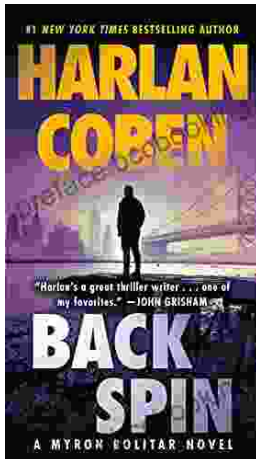
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