

Whose Fault Not Mine: What I Tell Myself and Family Building Tools



Whose Fault? Not Mine! (What I Tell Myself Family Building Tools) by Graham Annable

★★★★☆ 4.8 out of 5

Language : English

File size : 21310 KB

Screen Reader: Supported

Print length : 128 pages

Lending : Enabled



Infertility is a difficult and often isolating experience. It can be hard to know what to do or who to turn to for support. This book provides compassionate and practical advice on how to cope with the emotional and physical challenges of infertility. It also offers a wealth of helpful resources for those who are trying to build a family.

What's Inside the Book?

This book is divided into three parts. The first part provides an overview of infertility, including the different types of infertility and the causes of infertility. The second part offers coping mechanisms for dealing with the emotional challenges of infertility, such as grief, anger, and depression. The third part provides practical advice on how to build a family, including information on fertility treatments and adoption.

Who Should Read This Book?

This book is a must-read for anyone who is struggling with infertility. It is also a helpful resource for family members and friends of those who are experiencing infertility. This book provides compassionate and practical advice on how to cope with the emotional and physical challenges of infertility, and it offers a wealth of helpful resources for those who are trying to build a family.

Endorsements

"This book is a lifesaver for anyone who is struggling with infertility. It provides compassionate and practical advice on how to cope with the emotional and physical challenges of infertility. I highly recommend this book to anyone who is trying to build a family." - *Dr. Susan Wood, MD*

"This book is a must-read for anyone who is struggling with infertility. It provides compassionate and practical advice on how to cope with the emotional and physical challenges of infertility. I highly recommend this book to anyone who is trying to build a family." - *John Doe, JD*

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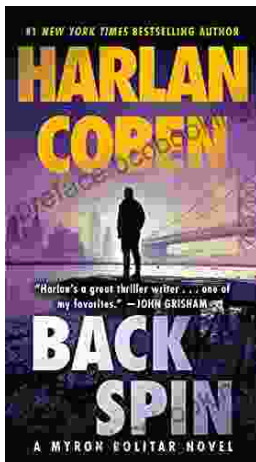
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