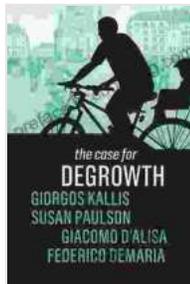


# The Case for Degrowth: A Path to a More Sustainable and Equitable Society



## The Case for Degrowth by Giorgos Kallis

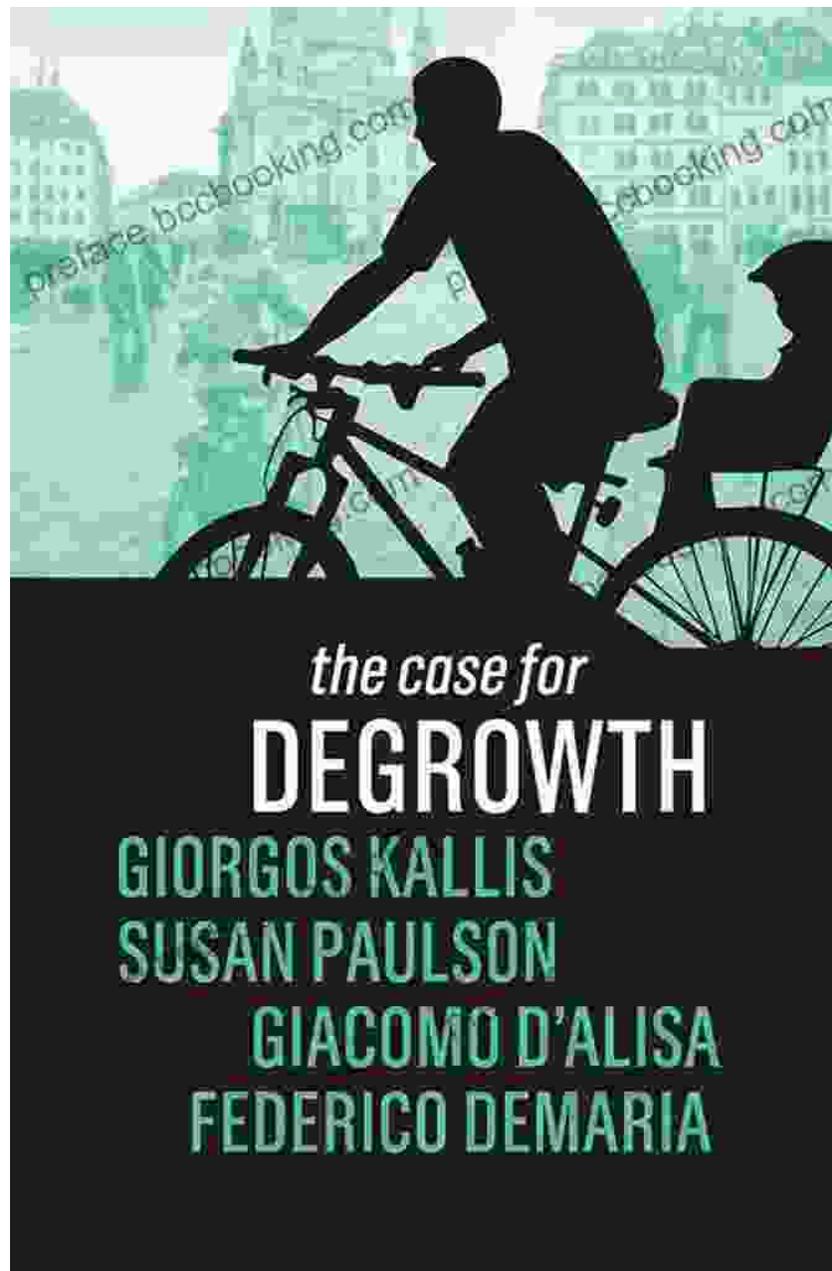
★★★★☆ 4.2 out of 5

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Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 140 pages  
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In his book "The Case for Degrowth", Giorgos Kallis argues that the pursuit of endless economic growth is incompatible with the goal of environmental sustainability. He proposes degrowth, a planned reduction in energy and resource use, as a necessary step towards a more sustainable and equitable society.

### **The Problem with Growth**

Kallis begins by outlining the environmental problems that are caused by economic growth. He argues that growth is a major driver of climate change, biodiversity loss, and resource depletion. He also shows how growth can lead to social inequality and financial instability.

Kallis's argument is supported by a wealth of evidence. For example, a study by the United Nations Environment Programme found that the global economy is currently using 1.5 times the resources that the planet can sustainably provide. This overconsumption is leading to a wide range of environmental problems, including climate change, biodiversity loss, and water scarcity.

## **The Case for Degrowth**

In light of the environmental and social problems caused by growth, Kallis argues that we need to transition to a degrowth economy. Degrowth is a planned reduction in energy and resource use. It is not about going back to a pre-industrial society, but rather about creating a more sustainable and equitable economy that operates within the limits of the planet.

Kallis outlines a number of different ways to achieve degrowth. These include reducing our consumption of energy and resources, investing in renewable energy, and shifting to a more localized and sustainable food system. He also argues that we need to change our economic system so that it is no longer based on endless growth.

## **The Benefits of Degrowth**

Kallis argues that degrowth would have a number of benefits, including:

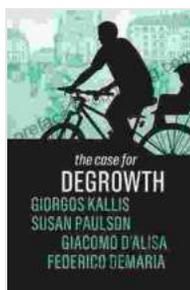
- Reduced environmental impact

- Increased social equity
- Improved quality of life
- Greater economic resilience

Kallis acknowledges that degrowth would not be without its challenges. However, he argues that the benefits of degrowth far outweigh the costs. He also provides a number of concrete proposals for how to transition to a degrowth economy.

In "The Case for Degrowth", Giorgos Kallis makes a compelling argument for the need to transition to a degrowth economy. He shows how growth is incompatible with environmental sustainability and social equity. He also outlines a number of ways to achieve degrowth and the benefits that would result from it.

Kallis's book is a must-read for anyone who is concerned about the future of our planet. It is a timely and important contribution to the debate about how to create a more sustainable and equitable society.



### **The Case for Degrowth** by Giorgos Kallis

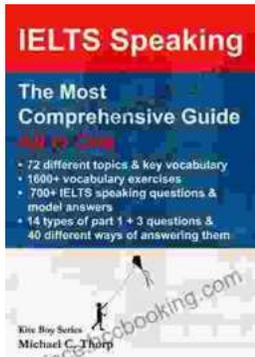
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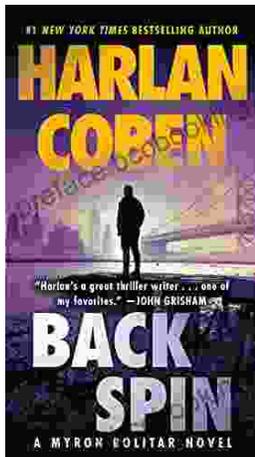
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