

# Teaching Situational Awareness: Keeping Our Children Head Up and Safe

Situational awareness is the ability to be aware of your surroundings and to identify potential threats. It is a vital skill for everyone, but it is especially important for children. Children are naturally curious and adventurous, but they often lack the experience and judgment to stay safe. Teaching situational awareness to your child can help them to stay out of harm's way.

## Why is Situational Awareness Important for Children?

There are many reasons why situational awareness is important for children. Some of the most important reasons include: - It helps children to recognize dangerous situations - It helps children to make good decisions - It helps children to avoid being victimized - It helps children to stay safe



## Spotting Danger Before It Spots Your KIDS: Teaching Situational Awareness To Keep Children Safe (Head's Up) by Gary Dean Quesenberry

★★★★★ 5 out of 5

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Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 157 pages  
Screen Reader : Supported



## How to Teach Situational Awareness to Your Child

There are many ways to teach situational awareness to your child. Some of the most effective methods include: -

1. Talk to your child about situational awareness. Explain to your child what situational awareness is and why it is important. Talk to your child about the different types of dangerous situations that they may encounter, and about the steps that they can take to stay safe.
2. Practice situational awareness with your child. Take your child on walks or bike rides, and ask them to point out potential hazards. Play games that require your child to be aware of their surroundings, such as "I Spy" or "Simon Says."
3. Encourage your child to be observant.  
Teach your child to pay attention to the people and things around them. Encourage them to notice anything that seems out of place or suspicious. Tell them to report anything that concerns them to you or another trusted adult.
4. Teach your child to trust their instincts.  
Tell your child that if something feels wrong, it probably is. Encourage them to listen to their gut and to get away from any situation that makes them uncomfortable.
5. Teach your child self-defense skills.  
In some cases, it may be necessary for your child to defend themselves. Teach your child some basic self-defense moves, such as how to block a punch or how to escape from a chokehold.

Teaching situational awareness to your child is one of the most important things you can do to keep them safe. By following these tips, you can help

your child to develop the skills they need to stay out of harm's way.



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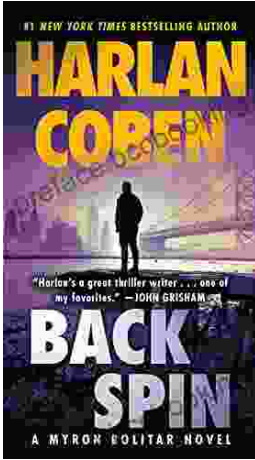
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