

# Sick Joke: Cancer, Japan, and Back Again

Cancer is a terrifying disease that can strike anyone at any time. It is a battle that is both physical and emotional, and it can be difficult to come to terms with the diagnosis. In her new book, *\*Sick Joke: Cancer, Japan, and Back Again\**, author Kerry Kennedy shares her personal experience with cancer, from her diagnosis to her treatment to her eventual recovery.

Kennedy was diagnosed with breast cancer in 2015. She underwent a lumpectomy, chemotherapy, and radiation therapy. Throughout her treatment, she remained positive and upbeat, and she never gave up hope. She credits her family, friends, and doctors for their support during this difficult time.



## **Sick Joke: Cancer, Japan, and Back Again** by Glenn Deir

★★★★★ 5 out of 5

Language	: English
File size	: 394 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 240 pages
Lending	: Enabled



In *\*Sick Joke\**, Kennedy shares her story with honesty and humor. She writes about the ups and downs of cancer treatment, the challenges of recovery, and the importance of finding joy in life. Her book is an inspiration

for anyone who has been touched by cancer, and it is a reminder that even in the darkest of times, there is always hope.

## **Living with Cancer**

Kennedy's diagnosis came as a shock. She was young and healthy, and she had no family history of cancer. She underwent a lumpectomy, chemotherapy, and radiation therapy. Throughout her treatment, she remained positive and upbeat, and she never gave up hope. She credits her family, friends, and doctors for their support during this difficult time.

In *\*Sick Joke\**, Kennedy writes about the ups and downs of cancer treatment, the challenges of recovery, and the importance of finding joy in life. She writes about the days when she felt too sick to get out of bed, and the days when she felt like she could conquer the world. She writes about the challenges of losing her hair, and the joy of finding a new wig that made her feel like herself again.

Kennedy's story is an inspiration for anyone who has been touched by cancer. It is a reminder that even in the darkest of times, there is always hope.

## **Finding Joy in Life**

Despite her diagnosis, Kennedy never gave up hope. She continued to work, travel, and spend time with her family and friends. She found joy in the simple things in life, like spending time in nature and reading books. She also found strength in her faith.

In *\*Sick Joke\**, Kennedy shares her tips for finding joy in life, even when you're facing difficult circumstances. She writes about the importance of

surrounding yourself with positive people, setting realistic goals, and living in the present moment.

Kennedy's story is a reminder that even in the darkest of times, there is always hope. It is a story about the power of positive thinking, the importance of family and friends, and the strength of the human spirit.

\*Sick Joke: Cancer, Japan, and Back Again\* is a powerful and inspiring memoir about one woman's journey with cancer. Kennedy's story is a reminder that even in the darkest of times, there is always hope. It is a story about the power of positive thinking, the importance of family and friends, and the strength of the human spirit.



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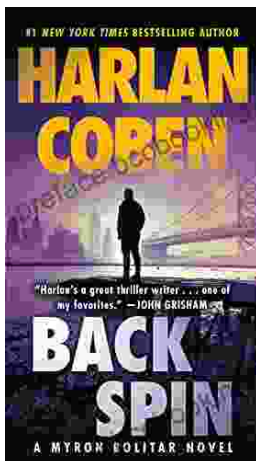
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